



# AQUA CLASSES

## Effective 11/9/20

781-769-2340

<http://vanderbiltclub.com>

[www.facebook.com/TheVanderbiltClub/](http://www.facebook.com/TheVanderbiltClub/)

**Sign up starts 7 days in advance at 5:00am**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:00–9:50am AQUA AEROBICS <b>Ginni</b>		9:00–9:50am AQUA AEROBICS <b>Ginni</b>		9:00–9:50am AQUA AEROBICS <b>Nancy</b>	
10:05–10:55am AQUA AEROBICS <b>Ginni</b>	11:15–12:00pm WATER W/O <b>Paul</b>	10:05–10:55am AQUA AEROBICS <b>Ginni</b>	11:15-12:00pm WATER W/O <b>Paul</b>	10:05-10:55am AQUA AEROBICS <b>Nancy</b>	9:00–9:45am AQUA ZUMBA <b>Rasheeda</b>
6:45-7:45pm WATER FITNESS <b>Kathy</b>			6:30-7:30PM WATER FITNESS <b>Nancy</b>		