

## POOL SCHEDULE Effective 5/13/24

## MON - THURS 6am - 8:45pm | FRI 6am-7:30pm SAT 6am - 4:30pm | SUN 7am - 4:30pm

**781-769-2340** | http://vanderbiltclub.com https://www.facebook.com/TheVanderbiltClub

| LAP SWIMMING – <mark>A lane may be used for swim lessons when needed</mark> |  |  |                             |                              |                             |                             |  |
|---|--|--|-----------------------------|------------------------------|-----------------------------|-----------------------------|--|
| MONDAY  | TUESDAY                                  | WEDNESDAY                                | THURSDAY                    | FRIDAY                       | SATURDAY                    | SUNDAY                      |  |
| 6:00–8:50am   | 6:00–11:15am                             | 6:00–8:50am                              | 6:00-11:15am                | 6:00–8:50am                  | 6:00-8:40am                 | 7:00-9:30am                 |  |
| 11:00-<br>12:00pm   |  | 11:00–<br>12:00pm                        |                             | 11:00-<br>12:00pm            |                             |                             |  |
| Family &<br>Lap 12:00-<br>3:30pm  | Family & Lap<br>1:00-3:30pm              | Family & Lap<br>12:00-3:30pm             | Family & Lap<br>1:00-3:30pm | Family & Lap<br>12:00-4:00pm | Family & Lap<br>2:45-4:30pm | Family & Lap<br>2:45-4:30pm |  |
| 3:30-4:00pm<br>1 Lap Lane<br>6:30-6:45pm<br>7:45-8:45pm                     | 3:30-4:00pm<br>1 Lap Lane<br>7:00-8:45pm | 5:00-6:30pm<br>1 Lap Lane<br>7:00-8:45pm | 8:00-8:45pm                 | 6:30-7:30pm<br>1 Lap Lane    |                             |                             |  |

## **AQUA CLASSES**

| MONDAY                         | TUESDAY                    | WEDNESDAY                         | THURSDAY                     | FRIDAY                         | SATURDAY                        |
|--------------------------------|----------------------------|-----------------------------------|------------------------------|--------------------------------|---------------------------------|
| 9:00–9:50am<br>AQUA AEROBICS   |                            | 9:00–9:50am<br>AQUA<br>AEROBICS   |                              | 9:00–9:50am<br>AQUA AEROBICS   |                                 |
| 10:00–10:50am<br>AQUA AEROBICS | 11:15–12:00pm<br>WATER W/O | 10:00–10:50am<br>AQUA<br>AEROBICS | 11:15-12:00pm<br>WATER W/0   | 10:00-10:50am<br>AQUA AEROBICS | 8:45–9:30am<br>AQUA<br>AEROBICS |
| 6:45-7:45PM<br>AQUA AEROBICS   |                            |                                   | 7:00-8:00pm<br>AQUA AEROBICS |                                |                                 |

## **SWIM LESSONS**

For more information, e-mail swim@vanderbiltclub.com or call 781-769-2340

| MONDAY      | TUESDAY     | WEDNESDAY   | THURSDAY    | FRIDAY      | SATURDAY     | SUNDAY      |
|-------------|-------------|-------------|-------------|-------------|--------------|-------------|
| 3:30-6:30pm | 3:30-7:00pm | 3:30-7:00pm | 3:30-7:00pm | 4:00-6:30pm | 10:00-2:45pm | 9:30-2:45pm |

1