



## POOL SCHEDULE Effective 1/5/25

**MON - THURS 6am – 8:45pm | FRI 6am -4:00pm  
SAT 6am – 4:30pm | SUN 7am -4:30pm**

**781-769-2340 | <http://vanderbiltclub.com>  
<https://www.facebook.com/TheVanderbiltClub>**

### **LAP SWIMMING – A lane may be used for swim lessons when needed**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00–8:50am	6:00-11:00am	6:00–8:50am	6:00-11:00am	6:00–8:50am	6:00-8:40am	7:00-9:30am
11:00-12:00pm		11:00–12:00pm		11:00-12:00pm		
<b>Family &amp; Lap</b> 12:00-3:30pm	<b>Family &amp; Lap</b> 1:00-3:30pm	<b>Family &amp; Lap</b> 12:00-3:30pm	<b>Family &amp; Lap</b> 1:00-3:30pm	<b>Family &amp; Lap</b> 12:00-3:30pm	<b>Family &amp; Lap</b> 2:15-4:30pm	<b>Family &amp; Lap</b> 2:45-4:30pm
6:30-6:45pm 7:45-8:45pm	6:30-8:45pm	6:30-8:45pm	6:30-7:00pm 8:00-8:45pm	3:30-4:00pm		

### **AQUA CLASSES**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:00-9:50am AQUA AEROBICS		9:00-9:50am AQUA AEROBICS		9:00-9:50am AQUA AEROBICS	
10:00-10:50am AQUA AEROBICS	11:15-12:00pm WATER W/O	10:00-10:50am AQUA AEROBICS	11:15-12:00pm WATER W/O	10:00-10:50am AQUA AEROBICS	8:45-9:30am AQUA AEROBICS
6:45-7:45PM AQUA AEROBICS			7:00-8:00pm AQUA AEROBICS		

### **SWIM LESSONS**

For more information, e-mail [swim@vanderbiltclub.com](mailto:swim@vanderbiltclub.com) or call 781-769-2340

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
3:30-6:30pm	3:30-6:30pm	3:30-6:30pm	3:30-6:30pm	3:30-4:00pm	10:00-2:15pm	9:30-2:45pm