POOL SCHEDULE (Effective 10/13/26)

MON–THURS 6AM–8:45PM
FRI 6AM–3:30PM | SAT 6AM–4:30PM | SUN 7AM–4:30PM
781-769-2340 | vanderbiltclub.com | facebook.com/TheVanderbiltClub

MORNING - 6:00 AM to 12:00PM

Lap swimming: a lane may be used for swim lessons as needed.

ACTIVITY	MON	TUE	WED	THU	FRI	SAT	SUN
LAP SWIM	6–8:50AM	6–11:10AM	6–8:50AM	6–11:10AM	6–8:50AM	6–8:30AM	7-9:30AM
SWIM LESSONS							
AQUA AEROBICS	9–9:50AM 10–10:50AM		9–9:50AM 10–10:50AM		9–9:50AM 10–10:50AM	8:45–9:30AM	
LAP SWIM	11AM–12PM		11AM–12PM		11AM–12PM		
WATER WORKOUT		11:15AM–12PM		**CHAIR WO** 10:30-11AM **WATER W/O** 11:15–12PM			

AFTERNOON & EVENING - 12:00PM to Close

**** Lap swimming: a lane may be used for swim lessons as needed.***

ACTIVITY	MON	TUE	WED	THU	FRI	SAT	SUN
FAMILY & LAP	12-3:30PM	1:30-3:30PM	12-3:30PM	1:30-3:30pm	12-3:30PM	2:45-4:30PM	2:45-4:30PM
KIDS SWIM LESSONS	3:30-6:30PM	3:30-6:30PM	3:30-6:30PM	3:30-6:30PM		10-2:45PM	9:30-2:45PM
LAP SWIM	3:30-4:00PM **1 Lap Lane**	3:30-4:00PM **1 Lap Lane**	3:30-4:00PM **1 Lap Lane**	3:30-4:00PM **1 Lap Lane**			
AQUA AEROBICS	6:45–7:45PM			7:00–8:00PM			
LAP SWIM	7:45–8:45PM	6:30-8:45PM	6:30-8:45PM	6:30-7PM 8-8:45PM			

For information about swim lessons email **swim@vanderbiltclub.com** or call **781-769-2340**